

BAY OF FUNDY & ANNAPOLIS VALLEY



Savour the bounty of land and sea

This is a place where life is shaped by the sea and fertile soil. Together they tell a captivating story. The world's highest tides carve the dramatic cliffs of the Cliffs of Fundy UNESCO Global Geopark and caves and ocean floor experiences at Burntcoat Head Park that define the Bay of Fundy coastline.

Fresh food is a way of life in the heartland of Nova Scotia's farming and wine industry. Bay of Fundy tides influence the climate and rich soils with ties to historic Acadian agricultural innovations resulting in bountiful harvests, the freshest local catches, and character rich wines. The area is home to 16 wineries and many craft breweries, distilleries, and cideries; meet the producers, discuss their craft, and sample their award-winning creations. For a local delicacy, enjoy succulent scallops in Digby, the scallop capital of the world and home to the world's largest inshore scallop fleet. Or, dine on lobster at the Hall's Harbour Lobster Pound and Restaurant, a working lobster pound where you can witness the dramatic changes as the world's highest tide rolls in or out while enjoying your meal.

The region features eight National Historic Sites, two UNESCO World Heritage Sites, the UNESCO Southwest Nova Biosphere Region, partially located within Kejimikujik National Park and National Historic Site and the Cliffs of Fundy UNESCO Global Geopark. Explore the history of the area and learn about Mi'kmaq culture at Kejimikujik National Park and National Historic Site, visit the Landscape of Grand Pré UNESCO World Heritage Site, the iconic place of remembrance of the Acadians, and learn of the first successful European settlement in North America (1605) at Port-Royal.

Feel the rush of riding eight to 20+ foot waves in a white-water Zodiac boat as the surging power of the Bay of Fundy's tides turns the Shubenacadie River into a roller coaster on water, just 30 minutes from Truro. Explore hiking trails like at Cape Split, Cape Chignecto or Blomidon Provincial Parks, leading to incredible vistas that overlook the Bay of Fundy, walk on the ocean floor and watch for whales off Digby Neck and Islands.

Grand-Pré National Historic Site



Unexpected discoveries

Joggins Fossil Cliffs UNESCO World Heritage Site

Explore the imposing cliffs where exposed layers of rock reveal the world's most complete fossil record of life 300 million years ago, when lush forests covered the area and much of the world's tropics were preserved in stone in the sea cliffs of Joggins. Guided beach tours are available.

Live theatre by moonlight, Two Planks and a Passion Theatre

This award-winning professional theatre of will more than impress with their outdoor spectacles presented on the grounds of the Ross Creek Centre for the Arts.

Bay of Fundy by air

Depart from Halifax Stanfield International Airport with Vision Air Services for a three hour helicopter tour or take flight with the Truro Flying Club departing from the Debert Flight Centre on a two-hour flight in a private plane. Both tours offer bird's eye views of the incredible landscapes and cliffs along this coast, including Blomidon, Cape Split, Five Islands and more.

Bear River

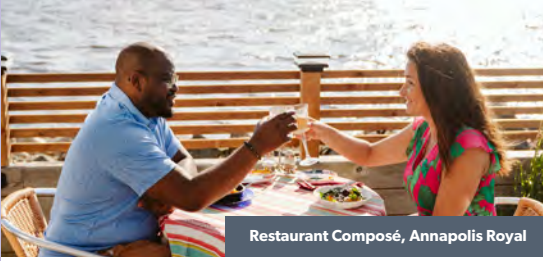
Visit this charming "village on stilts" situated alongside a picturesque tidal river. Discover artisans at work in their studios and galleries, quaint cafés, restaurants and shops, a winery and brewery.

Annapolis Royal Historic Gardens, Annapolis Royal

Once named Canada's Garden of the Year, this beautiful 17-acre site in a tranquil setting overlooks a tidal river valley is home to the largest rose collection in Eastern Canada. Visitors will also find a reconstructed 1671 Acadian house on site.

Guided tour of Joggins Fossil Cliffs





Restaurant Composé, Annapolis Royal



Digby Pines Resort

Local flavours

The Bay of Fundy & Annapolis Valley region combines the best of land and sea. From Digby scallops and fresh Bay of Fundy lobster to local produce and crisp wines, this region is a foodie's playground.

Digby scallops at Digby Pines Resort, Digby

No visit to the Digby area is complete without a sampling of succulent Digby scallops. Stop by for dinner at Churchill's Restaurant & Lounge to delight in this world-famous local delicacy prepared a number of different ways.

Olive & Vine, Truro

With breakfast, lunch and dinner offerings, enjoy an elevated meal paired with a glass of wine or cocktail from the extensive drink menu.

Masstown Market, Masstown

The Market offers fresh produce, fish, baked goodies, gifts, a garden centre, and ice cream cones. Stop by the lighthouse for fish and chips at the Catch of the Bay restaurant or the Butcher and Creamery across the road where you'll find fresh cuts of meat and an extensive selection of cheeses made on site.

Wild Caraway Restaurant, Advocate Harbour

Enjoy a delicious meal made with local ingredients while overlooking the Bay of Fundy in the quaint community of Advocate Harbour. Reservations recommended.

Visit a U-pick, various locations

Take advantage of the harvest seasons in the Annapolis Valley by enjoying an outing to a u-pick. Whether it's strawberries, blueberries, apples, pumpkins, flowers, or more, from June to October there is fresh produce in-season and waiting to be picked.

Restaurant Composé, Annapolis Royal

Dine on the waterfront patio and enjoy a selection of seafood, pasta and Austrian cuisine, thoughtfully prepared using fresh, locally sourced ingredients from land and sea. Pair your meal with a Nova Scotia wine.

Dining on the Ocean Floor, Food Fantastique

The world's highest tides at Burntcoat Head Park play host to the most unique dinner party on the planet. Start out by learning about the wild edibles in the park before descending onto the ocean floor for a walk at low tide with your interpreter. Then settle in for a chef-prepared feast of charcuterie, fresh lobster and other local ingredients, paired with the best of Nova Scotian wines and craft beers. End the night with a bonfire and Mi'kmaq storytelling as the tide rises to cover your former dining room with up to 15 metres (50 feet) of ocean waves.

Tangled Garden, Grand Pré

Step into the captivating, award-winning Tangled Garden to delight your senses! Overlooking the Landscape of Grand Pré, a UNESCO World Heritage Site, explore this unique oasis, including a wildflower labyrinth and sculpture garden.

Le Caveau Restaurant, Grand Pré

Located at Grand Pré Winery, diners will enjoy an elegant atmosphere and dishes prepared with seasonal local ingredients, paired with a selection of estate and international wines. Reservations are recommended.

The Union Street, Berwick

This family friendly place serves its guests quality food with a side of small-town hospitality. Nestled in the Annapolis Valley, food is prepared with ingredients from the local area. Check out live music on Friday or Saturday evenings and stop in for weekend brunch.

The Flying Apron Cookery, Summerville

This restaurant's motto is "we do local", and that they do. They majority of the ingredients used come from within 15 minutes of the restaurant. Savour a menu that changes weekly to match up with local foods that are in season and do not skip dessert here!

Longfellow Restaurant, Grand Pré

Showcasing fresh ingredients, many from nearby in the Annapolis Valley, savour the approachable and refined menu featuring brunch and dinner offerings. Pair your meal with a glass of local wine.



Dining on the Ocean Floor

Let your taste buds lead the way

Taste your way from one perfect boutique winery, craft brewery, cidery, or distillery to another and chat with passionate vintners, brewers, and distillers about their art.

Nova Scotia's Wine Country

Did you know that Nova Scotia has a vibrant wine industry? Grapes have been grown here since the 1600s. Today, there are more than 20 wineries dotted around the province with most concentrated in the Annapolis Valley area. Plan to visit a few during your time in this region, sip a glass on a sunny patio as you enjoy lunch or even book a vineyard stay. Be sure to pick up a bottle of your favourite to enjoy back at home. A number of wineries are also open year-round. Visit 1365 Church Street, Benjamin Bridge, Bent Ridge, Lightfoot & Wolfville, or Planters Ridge during the winter months.

Tidal Bay – Nova Scotia's first wine appellation

Brilliantly reflecting the terroir, coastal breezes, and cooler climate of Tidal Bay's birthplace, these wines are crisp, aromatic whites that pair perfectly with the Nova Scotia seafood we're known for. Visit one of the many vineyards throughout the Annapolis Valley and across the province that are producing this premium white wine to learn the intricacies that make each winery's version unique.

Orchard-fresh cider

In the Annapolis Valley, making cider is a natural fit, with more than two dozen varieties of apples picked from orchards "just up the road." Visit Annapolis Cider Company in Wolfville, Elderkin's Cider Company in Greenwich or Maritime Express Cider Company in Kentville to taste their signature ciders. Check out the Cider Route for more locations.

Craft distilling at its finest

Breweries, wineries, and cideries aren't the only craft beverage makers in this region creating waves. Flavourful locally inspired spirits and liqueurs are also made here. Stop by Still Fired Distilleries in Annapolis Royal, Raging Crow in Canning, Barrelling Tide Distillery in Port Williams, Coldstream Clear Distillery in Stewiacke and Truro, or Tangled Garden in Grand Pré for a tasting.

Brewed near the Bay of Fundy

Craft beer connoisseurs will enjoy visiting the variety of breweries in this region. Visit Lunn's Mill Beer Company, Horton Ridge Malt House, Bay of Fundy Brewing Co., Annapolis Brewing Company, Roof Hound Brewing Co., Sea Level Brewing, Bent Nail Brewery, Schoolhouse Brewery, The Church Brewing Company, Two Islands Brewing, or Lazy Bear Brewing to discover a new favourite!



Blomidon Estate Winery

48 Hours Exploring

Urbania to Hall's Harbour

Mix and match these 48-hour road trips located throughout this guide to create a Nova Scotia adventure all your own or click [here](#) for more itineraries and trip ideas.

Day 1

Morning

Ride a Zodiac on the tidal bore created as the incoming tide collides with the outgoing flow of the river. Time your visit accordingly to take in a rafting adventure with **Tidal Bore Rafting Resort**.

Afternoon

Pack a picnic lunch and drive to **Burntcoat Head Park**, then walk on the ocean floor. Along Route 215, stop at the **Walton Lighthouse** for a panoramic view of the Bay of Fundy and enjoy a tasting at **Avondale Sky Winery**.

Evening

After your busy day, unwind with a casual meal at the **Port Pub**, dine at the charming **Longfellow Restaurant**, or savour a seasonally inspired menu with an elegant but relaxed atmosphere at **Le Caveau Restaurant**, located on site at **Grand Pré Winery**.

Day 2

Morning

Start your day with a coffee from **Just Us! Coffee Roasters** before heading to the nearby **Tangled Garden**, a three-acre herb and sculpture garden. Then, visit the **Grand-Pré National Historic Site**, an iconic place of remembrance for Acadians overlooking the **Landscape of Grand Pré UNESCO World Heritage Site**.

Afternoon

Enjoy a charcuterie lunch on one of the many sunny patios overlooking lush vineyards in the area, like at **Planters Ridge, Benjamin Bridge, Gaspereau Vineyards, Lightfoot & Wolfville**, or **Mercator Vineyards**. If adventure is more your calling, head out for an afternoon hike at **Blomidon Provincial Park** and take in the views from The Blomidon Look-Off.

Evening

Visit the **Hall's Harbour Lobster Pound** for an authentic lobster supper. Dine wharfside overlooking the incredible sight of lobster boats rising or falling with the Bay of Fundy tide as you eat.

Outdoor adventures

With unspoiled beauty and natural wonder around every coastal curve, you have unlimited opportunities for enjoying the Bay of Fundy and Annapolis Valley region al fresco.

Tidal bore rafting on the Shubenacadie River

Various sites, Maitland to Urbania

Prepare to get wet—the force of the incoming tide against the outflow of the Shubenacadie River forms roller-coaster waves that can be up to four metres (13 feet) high. Shoot the white-water rapids as the tide from the Bay of Fundy rushes up the Shubenacadie River, and enjoy views of eagle nests, Acadian dykelands, and geological formations.

Whale watching off Digby Neck and Brier Island

The Bay of Fundy coast is as popular with whales as it is with people. Come to nature's aquarium and experience a whale watching adventure on a boat or Zodiac, spotting up to seven species of whales that spend their summers here, including the rare North American right whale.

Horseback Tidal Floor & Fossil Tour, Fundy Geological Museum

Experience the tidal floor of the Bay of Fundy by joining an exciting horseback ride along Wasson Bluff near Parrsboro. Joined by a museum expert, this one-of-a-kind adventure takes you to an active dig where you can sieve for fossils followed by refreshments on the ocean floor.

Kayak or hike Cape Chignecto with NovaShores Adventures

Spend the day paddling the waters around Cape Chignecto Provincial Park, enjoying the unspoiled landscape. Paddle near the Three Sisters rock formation, towering cliffs, natural arches, and rock spires. Keep an eye out for wildlife and enjoy a relaxing lunch on the beach. This tour is suitable for beginners.

Walk on the ocean floor at Burntcoat Head Park, Noel

Walk on the ocean floor and hunt for fossils at the home of the world's highest recorded tides. A staircase offers safe passage over the rocky red cliff face to the ocean floor below, check tide times before you descend. Be sure to experience the Life Under the Bay: Family Ocean Floor Tour.

OnTree Fun & Adventure Park, Martock

OnTree offers excitement and physical challenges for people of all ages and ability, providing a number of climbing tracks, high rope courses, ziplines, and other activities among the trees at Martock. Put yourself to the test!

Victoria Park, Truro

Winding through a deep gorge, a bubbling stream leads to two waterfalls in this 3000-acre natural park in the centre of town, with great hiking and biking trails.

Tidal bore rafting, Shubenacadie River



What makes the Bay of Fundy Canada's Natural Wonder?

The Bay of Fundy is recognized as having the largest tidal range in the world. Burntcoat Head, within the bay, is the point that records the greatest tidal range. Tidal changes typically see a difference of 14.5 metres (47.5 feet); however, tidal changes have been measured in extreme conditions at 16.3 metres (53.5 feet). The global record occurred October 4 and 5, 1869, during the Saxby Gale, a tropical cyclone, where tidal changes reached 21.6 metres (71 feet).

Cape Split hike

Lace up your sturdy hiking shoes and hit the trail. This 13.2 kilometre looped trail through old-growth and coastal conifer forests offers spectacular panoramic views of the Minas Basin and Scots Bay. Pack your camera, water, and sense of adventure as you embark on this day-long excursion.

Fundy Treasures Tours

Tour Bay of Fundy beaches on a geological tour with an expert guide. Explore the shorelines of the Cliffs of Fundy Geopark and the Joggins UNESCO World Heritage Site. Tour guests will learn how to identify fossils and the different types of gems and minerals found here.

Cape Split





Harvest Moon Trailway

Harvest Moon Trailway

Annapolis Royal to Grand-Pré

Ride this 110 kilometre trail through the Annapolis Valley, stopping in picturesque towns, wineries, restaurants, shops and historic sites like Grand-Pré National Historic Site. Over 15 trailheads along the way provide easy access to this mostly flat former railbed.

Cape d'Or Coastal Park, Advocate Harbour

Home to one of Nova Scotia's most iconic lighthouses, Cape d'Or Coastal Park offers extraordinary, panoramic coastal views of the Bay of Fundy. The park rests on the edge of beautiful, rugged 100-metre (300-foot) cliffs that have been carved by the world's highest tides, which rise and fall over 15 metres (50 feet) every day.

Cape Chignecto Provincial Park, West Advocate

Although best described as a wilderness park, this expansive coastal park offers adventure for all comfort and skill levels. Experienced adventurers can challenge themselves with over 50 kilometres of wilderness hiking trails and walk-in campsites. The Eatonville day use area near Apple River offers over 5 kilometres of family-accessible trails which lead to viewing platforms with spectacular views. Enjoy lunch in the picnic area after your hike.

Waterfall Hike in Cliffs of Fundy Geopark

This scenic, three hour guided tour with Local Guy Adventures takes you 4 kilometres through one of three slot canyons in the province; marvel at 200-foot canyon walls as you go. Experience this hike through old growth forest, past waterfalls, over lush, mossy forest bed at any time of year. Snowshoes available during winter.



Hall's Harbour at low tide



Kayaking near Three Sisters formation

Capture a moment

The Bay of Fundy and Annapolis Valley region provides a study in colour and contrasts. Let your creativity run wild as you find that picture-perfect scene.

Digby Wharf

Photograph the picturesque Fisherman's Wharf as the brightly painted hulls of the world-famous scallop fleet dip and dance in the sparkling blue Annapolis Basin.

The Lookoff, Arlington

Just north of Canning on Route 358, from the roadside you can see breathtaking panoramic views of the Annapolis Valley, stretching out in a patchwork of greens toward the red-hued Minas Basin and the Landscape of Grand Pré UNESCO World Heritage Site.

View Park, The Landscape of Grand Pré

Take in the full expanse of the Landscape of Grand Pré UNESCO World Heritage Site from the View Park on Old Post Road, Grand Pré.

Bay of Fundy Tidal Interpretive Centre, South Maitland

From the deck overlooking the majestic Shubenacadie River, enjoy a stunning view of this tidal environment that changes by the minute! If you time your visit right, you'll witness the natural phenomenon known as a tidal bore.

Hall's Harbour

This charming fishing community along the Bay of Fundy is a favourite stop for photos. Visit at low tide to snap fishing boats resting on the ocean floor.



Hall's Harbour at high tide

Not-to-be-missed experiences

The Bay of Fundy and Annapolis Valley region offers experiences and places to explore as bountiful and varied as the valley harvests. Below are a few suggestions to help make your visit complete. More unique experiences and attractions can be found by clicking here.

Food Art Nature Experiences

Learn about Acadian and Mi'kmaw culture through plant medicine and food remedies on a guided Evangeline, Expulsions, Enchantment, & Elixirs adventure with a herbalist. Explore four historic areas, forage for local botanicals and create an "Evangeline Elixir", yours to take home. Or, take part in the Bay of Fundy Botanical Casting Adventure where you visit a local working flower farm to harvest botanicals for your very own stone casting.

Hall's Harbour Wharf

In scenic Hall's Harbour, lobster boats bob at the wharf's high-tide mark. A mere six hours later, when the tide recedes, the colourful fleet of vessels lies grounded on the harbour floor. Watch the tide recede as you enjoy a lobster supper overlooking the harbour at Hall's Harbour Lobster Pound.

Balancing Rock, Long Island

An up-close view of Long Island's striking basalt rock formations is just a five-minute ferry ride and a short hike from Digby Neck. This frequently photographed spot is a massive columnar basalt sea stack rock that rests precariously on its end. You have to see it to believe it!

Run on the ocean floor

Not Since Moses Run, Five Islands

Lace up your running shoes and run or walk 5 or 10 kilometres across a tidal river and onto an exposed sea bed, next to magnificent cliffs that are usually underwater. Held at low tide on August 16, 2026.

Cliffs of Fundy UNESCO Global Geopark Adventure

Nova Scotia's Northern Bay of Fundy Coast

Explore coastline shaped by the Bay of Fundy's highest tides in the world to discover the oldest dinosaur fossils in Canada and fascinating Mi'kmaw legends in this magnificent geological landscape. Discover a story of continents colliding and ripping apart; of prehistoric creatures and dinosaurs that once roamed the earth; of Mi'kmaw legends that inspire the imagination; and of people that have adapted to an everchanging tide and world around them. Cliffs of Fundy UNESCO Global Geopark is an area of global significance that follows Nova Scotia's Bay of Fundy from the Fundy Discovery Site in Lower Truro to Cape Chignecto Provincial Park. The Geopark features a collection of geological sites and experiences that highlight some of the most extraordinary landscapes and special places in the province.

North America's first Hop-on, Hop-off wine tour

The Wolfville Magic Winery Bus, Wolfville

Visit four local wineries in a traditional British double-decker bus. A must for wine enthusiasts; sample Nova Scotia's award-winning, internationally recognized wines.

Enjoy award-winning theatre on the Parrsboro Harbour

Ship's Company Theatre, Parrsboro

Ship's Company Theatre's season commences on July 1 with three Main Stage plays, a Kid's Stage production, Monday Night Concert Series, Youth Theatre Camps, and much more!

An Acadian story

Grand-Pré National Historic Site, Grand Pré

Stroll through sweeping gardens and a memorial church marking the 17th-century Acadian village and the Deportation that were both immortalized in H. W. Longfellow's epic poem, *Evangeline: A Tale of Acadie*.

See iconic Mi'kmaw petroglyphs (carvings in stone)

Kejimikujik National Park & National Historic Site, Maitland Bridge

Explore ancient Mi'kmaw canoe routes, encampments, and portages, backcountry camping sites, spectacular stargazing, and an impressive system of hiking and cycling trails. Bring your own equipment or rent a canoe or kayak and safety equipment at Whynot Adventure Outfitters. Don't miss seeing master Mi'kmaw craftsman Todd Labrador build a traditional birch bark canoe.

Nova Scotia's wildlife

Shubenacadie Provincial Wildlife Park, Stewiacke

Animal lovers will enjoy a stroll through the park learning about the native wildlife species that call Nova Scotia home. The two kilometres of wheelchair-friendly paths offer an intimate look at the animals. Pack a lunch and eat in the picnic area. Kids will love the onsite playground!

Mi'kmaw heritage and legends

Millbrook Cultural and Heritage Centre & Alan Syliboy Art Studio, Millbrook/Truro

Follow the statue of Kluskap to Mi'kmaw heritage, legends, and storytelling through an innovative multimedia presentation. You'll also enjoy extensive displays of ancient artifacts and traditional crafts. Be sure to stop by the gift shop for authentic crafts and books. Don't miss celebrated Mi'kmaw artist Alan Syliboy's Art Studio also located in Millbrook. Shop his original artwork, hand-painted drums, prints and more.

Historical escapes

The region is home to some of the province's earliest recorded history, from the fossils of prehistoric creatures that roamed these lands to the legends of the Mi'kmaq and European settlers.

Port-Royal National Historic Site, Port Royal

Raise a toast to Samuel de Champlain and his hardy crew! On this site in 1605, they built the original Port Royal Habitation and founded North America's first social club, the Order of Good Cheer, to help combat the hardships of winter. The Order of Good Cheer is both a stop on the Good Cheer Trail and inspiration for its name.

Fort Anne National Historic Site, Annapolis Royal

A meeting place for cultures and a focal point for historic power struggles and treaty negotiations, Fort Anne played a key role in the forces and events that shaped this community, province, and nation.

Admiral Digby Museum, Digby

This mid-1800s Georgian home presents period rooms containing impressive collections of furnishings, artifacts, and archives, and a genealogical research centre.

Greenwood Military Aviation Museum, Greenwood

Through aircraft displays of Argus, Lancaster, Neptune, and T33, trace Greenwood's military history from its beginnings as an RAF Station in 1942 to its present-day status as the largest airbase in Atlantic Canada.



Clifton Museum Park, Windsor

Built in 1835, explore the unique and elegant features of the house and sprawling 34-acre grounds. Take a 1 kilometre self-guided tour on the fully accessible trail, play a game of disc golf, and visit the Birthplace of Hockey Museum, also on site, to view the collection of hockey memorabilia. Enjoy cross county skiing, snowshoeing, walking and other non-motorized transportation throughout the trails on the grounds during the winter months.

Grand-Pré National Historic Site





Did you know?

FORCE — The Fundy Ocean Research Centre for Energy

Stop at the FORCE visitor centre in Parrsboro overlooking the technology test site in the Bay of Fundy. Learn about this leading Canadian research centre that is studying the potential for tidal turbines to operate within the Bay of Fundy.

Anne Murray Centre, Springhill

Get a glimpse into the incredible life of Nova Scotia songbird Anne Murray. Create a “duet” with Anne and get up close with the dozens of awards she has received over her decades-long music career.

Mastodon Ridge, Stewiacke

A life-sized replica of a mastodon that lived 89,000 years ago towers atop the ridge overlooking the Shubenacadie River. Drop by the site’s visitor centre, visit the art gallery, enjoy an ice cream and 18 holes of mini-golf or visit Coldstream Clear Distillery’s shop to sample and pick up a bottle of their rum, vodka or flavoured liqueurs.

Colchester Historem, Truro

Exhibits focus on the social history of Colchester County; the museum’s genealogical resources include family and community histories, photographs, and archival papers.



Burntcoat Head Park



Five Islands Provincial Park

Springhill Miners’ Museum, Springhill

Tour the depths of a coal mine, famous in song and legend, with a knowledgeable guide, and see unique artifacts depicting the town’s remarkable industrial heritage.

Age of Sail Museum, Port Greville

This family-oriented centre depicts the rich heritage of the Minas Basin timber and shipbuilding industries within a restored Methodist church, blacksmith shop, and historical lighthouse.

Fundy Geological Museum, Parrsboro

Check out the planet’s earliest dinosaurs, giant dragonflies, and bug-like creatures as big as baseball bats! Interactive displays throughout the gallery lead you through half a billion years of geological history. For added adventure, discover the area’s rich geological past on a guided beach tour with museum experts, including on horseback!

Bay of Fundy & Annapolis Valley

